

# Proceedings

*International Conference on Guidance and Counseling (ICGC'17)*  
**Multicultural Guidance and Counseling**

Pontianak, 21st November 2017

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Islamic Guidance and Counseling Department  
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Pontianak Islamic State Institute

Provinsi Kalimantan Barat

# Proceedings

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# THE ROLE OF MOTHER IN GIVING GUIDANCE COUNSELLING ON CHILDREN IN THE DIGITAL ERA

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## ABSTRAK

*This paper examines the role of mothers in providing counselling guidance to children in the digital age. This research is qualitative descriptive and is a literature research study. To solve the problems in this study, the authors use a psychological approach. This research data consist of primary data and secondary data. Primary data comes from books or research results both in the form of research reports and in the form of journals that contain material about the role of mothers in guidance and counselling in the digital era. While secondary data comes from books or documentation related to this research. The results show that to form a child of good character in the Digital Age, guidance and counselling is necessary in the following ways: a) introducing children to God from an early age through worship practice, b) to keep the words off from before the children c) give the child an example of keeping trust, e) make sense of the child to accept criticism and reprimand, f) make sense of the child to do justice, g) take time to be with the child, h.) and invites children to seek knowledge anywhere and anytime.*

**Keywords:** *mother, guidance, counselling, digital era*

## INTRODUCTION

Family is where children are raised and educated, and who became the main character in the family are parents, especially mothers. Mother as the first and main pattern caretaker manager and a role model that every time seen and imitated by children. Therefore, the pattern of parenting is a series of obligations that must be done by parents, especially mothers. If parenting can not be met properly and properly, it will often lead to problems and conflicts, both within the child and between the child and the parent, as well as the environment. Therefore, parents, especially mothers should be able to foster the character of children from an early age in the family environment through guidance and counselling the right and regular. Implanting the character of the child from an early age is a necessity because the character is a mustika of life that distinguishes man from animals. Man without character is a man who has "built". (Zubaedi, 2011: 1).

Taking into account the current technological developments, the use of digital devices for children's lives is a phenomenon that can be rejected and even has an effect on the lives of children. (Herimanto and Winarno, 2012: 101) Supervision of the child is very important to be realized because a lot of incoming information and the child must be able to choose suitable information and appropriate stage of development. In the educational process of the digital age the role of parents must be real in observing and knowing the ability of children to respond and view themselves positively so that the use of digital devices can be used by children well. The family is the first and main educational institution in children. (Faud Ihsan, 2005: 57) This is because the two parents are the first known and the place of merima education. The guidance,

attention, and affection that exists between both parents and their children, is a powerful base for psychic growth and development as well as the social and religious values of the child. (Nur Ahid, 2010: 61).

The child is the mandate of the creator who must be kept by the parents. It is stated explicitly by Allah swt., in QS. Al-Tahrim/ 66: 6 as follows:

يَا أَيُّهَا الَّذِينَ ءَامَنُوا قُوا أَنفُسَكُمْ وَأَهْلِيكُمْ نَارًا وَقُودُهَا النَّاسُ وَالْحِجَارَةُ عَلَيْهَا مَلَائِكَةٌ غِلَاطٌ شِدَادٌ لَا يَعْصُونَ اللَّهَ مَا أَمَرَهُمْ وَيَفْعَلُونَ مَا يُؤْمَرُونَ ﴿٦﴾

*O ye who believe! Keep yourselves and your family from the fire of hell whose fuel is both human and stone; guarding angels who are harsh, loud, and do not disobey God against what He has commanded them and always do what is commanded. (Ministry of Religion, 1997: 951).*

The in-depth examination of the above verse contains the intention that the responsibility of guiding, educating and training children with various knowledge and skills lies in the hands of both parents and can not be handed to others. One aspect parents must consider in family education is when children use digital devices. Digital devices that, including TV, computers, smart phones, tablet computers and others, because it can cause a bad impact on the child even if the good impact is also not to be denied. (Yee-jin Shin, 2014: 112).

Seeing from the development of the digital era that is growing in the world today, automatically of course affects the development of child psychology. By that, the family is the main bastion in providing good education by anticipating the adverse effects of the development of the digital era. Parents also should not be shut out of the development of the digital era because behind the development of the digital era there are many positive things that can be achieved, at this point the role of parents in educating children in the digital era is needed to sort out the positive and negative of the development of these technologies. Departing from the above phenomenon, the authors believe that the theme of the role of mothers in providing guidance and counselling in children in the digital age is very interesting to be studied.

This research is qualitative descriptive and is a literature research study. To solve the problems in this study, the authors use a psychological approach. This research data consist of primary data and secondary data. Primary data comes from books or research results both in the form of research reports and in the form of journals that contain material about the role of mothers in guidance and counselling in the digital era. While secondary data comes from books or documentation related to this research.

#### **Mother as the Primary Educator.**

God has placed a mother in a noble place. One of the mother respectabilities is as the first and most important figure who must receive devotion from a child. A mother should exercise her rights well, and it is not easy to get bad words, let alone addressed to her child. Mother should be more able to control every word that comes out of his mouth addressed to his son. Many mothers are found selling out dirty words, scolding, and curse to her son. Be aware or not, when mothers

often use bad words addressed to the child, then it will negatively affect the child's psychological development that also affect the formation of the child's personality.

A mother acts as first and principal educator. Whatever his profession he remains a mother whose primary duty is to educate his children. For example Khadijah the Prophet's wife is a successful businessman but still she is a mother who accompanies her husband and educates her children well.

Keep in mind that all the behaviour that a child sees from an adult will be imitated, and the mother as the primary and first source that sets an example for a child. As said (Asmani, 2009: 82), that the Son will accept that words and behavior are good, if they are well informed, brief, solid, and directed. For example, when a child sees something that amazes a child, he will say "crazy," then the listening parent does not need to scold and forbid it or comment on the words, but set an example by saying "subhanallah", with more intonation good and interesting for children. In giving explanations, try not to have dialogue, debate or conflict in the child's misunderstanding. Shaping the character of a reliable child required the role of someone close to him, especially mothers because Mother is a person who is very close to the child, from the womb to birth and from a small child already mothered, then from it inevitably children will imitate whatever seen and done by his mother.

But other facts also indicate that there are still many mothers who sometimes neglect, forget and do not know how to carry out the task of educating children well. Especially if the child has entered school age, most mothers assume that the children have entered the school, then the task of educating, guiding and giving the consuling is left entirely to the teacher at school. Not a few parents including mothers are busy looking for money to finance their children's school until there is no time to do moral coaching on children. Mother came home tired.

In the end, children grow and develop without getting the attention of parents, especially mothers. Children search for their own personality without their mother's guidance. That is why many children who lack *al-akhlaq al-karimah*. This is further exacerbated by the fun of children surfing in cyberspace because the digital era supports for that. Eventually children have deviant behaviors such as lack of respect for their parents, siblings and teachers. Rarely perform prayers at home or in the mosque, because it is fun to play until the afternoon or evening.

#### Digital era

Entering the information age, we see how the media has a dominant power in influencing every dimension of human life. With the development of information and communication technology, the media in the virtual era seemed to reappear into the archaeological communication system and position the recipient (communicant) as an active party. "Massification of communication seems to be mixed with demassification. Internet (website) or online media is interactive communication as well as mass communication. The progress of information and technology media has been felt by almost all levels of society, both in terms of positive and negative of its use. This is because the access of information and technology media is classified as very easy or affordable for various circles, both for young and old subjects and the rich and middle to lower. Even in general, currently children aged 5 to 12 years who became the most users in utilizing the progress of information and technology media at this time.

Educational institution of the family has important role in educating children in the digital age today. This is because the family is where the first and main child growth. At this time the child is also very easy to receive influence from the surrounding environment, especially on the people closest. This is the most critical period in children's education, the first year in the life before entering school. Because at that time what is instilled in the child will be very trace, so it is



not easy to lose or change in his memory. The family has a big role in *community development*. The reason, family is the foundation of the community building and and the first *coaching phase* is print and prepare the personnel-personnel.

Nowadays, as the technology develops very rapidly, kids play more with high-tech games, such as computers, play stations. The rapid flow of computer technology "consciously or not" has formed a generation very different from the previous generation. Now the kids are more used to computers. Games such as fur by, game-boy, play station, sega-dreamcast or nintendo 64 rush to the children's room. Even mobile phones and personal computers are no longer a strange thing for kids now.

A mini computer game is able to guarantee a digital game program with good quality. Even the latest generation of game-boy is equipped with a color monitor, to play digital programs packaged in small hard disks. For older people, games like fur by or boy games may be absurd. Not so for his children. They can not seem to escape the new magic named computer technology. Nowadays, it seems that children are more logical and digital than their parents. So roughly the term that experts say.

In cyberspace, the children or ourselves, whether intentionally or unintentionally, can encounter unfeasible information materials. The aspect of pornography is a dark side of the various advantages offered by the internet. Many parents get restless by penetrating vulgar sexual information from a number of websites. Even the internet, for others, has been labeled bad and misleading. Not a few families worried about the internet facility at home can be an interesting reference about pornography for young children.

Efforts to anticipate the invasion of pornographic sites has been widely practiced. Various internet software is a bit much can reduce the effect of penetration of pornography caused by the internet. Call it Solid Oak Software, with its flagship product Cybersitter. This software works through three stages; locking access to certain URL (Uniform Resource Locator) (Web, FTP Sites, and Unsenet News Group) 'second is to categorize certain key word, and the latter serves as a censor of certain files.

Besides cybersitter, other popular software is Net Nanny and Surf Watch. Both of these software, in addition to having advantages such as those owned by cybersitter, also have the ability to censor IRC chat rooms, Gopher, and E-mail. Despite the many weaknesses found in the various softwares, but at least parents can breathe a little relieved and not prejudiced against internet technology.

Indeed, it is impossible to censor the Internet network because it is a global network with no geographical boundaries. Actually, the sophistication of internet-based computer technology is also a lot of benefits for the family. Especially if introduced from an early age. Therefore, the role of parents is still very important to accompany their children when using the internet. Parents should consider taking into account the limitations of sites that may be visited. To make things easier, parents can suggest to their children to make a directory or search engine (search engine) special children, as a site that must be opened when first connected to the internet.

Also, place your computer in an easy-to-monitor room. That way, the child is free to explore the internet, but he is not alone. Also to use filter software, to install a special search engine children as a site that can be visited or use a browser designed specifically for children. Parents also need to limit internet usage time. Make sure that the time spent using the internet does not absorb the time it should be used for other activities. Give certain pre-requisites to use the internet. For example, new children may use the internet if they have done their homework or schoolwork. There is no harm in also setting the hours of how the children may use the internet and provide a limit on the amount of time. If necessary, use software that can limit their online time.

Parents also need to introduce to children, educational-entertainment sites (edutainment) or search engine special children. The important thing to remember, if we have a personal or family site, do not put pictures of yourself or photos of other family members, especially children. Do not include information about your home address, school address, phone number or other personal data. This is intended to protect the privacy of the child and the family in general. (Abeng Eddy Adriansyah Dkk, 2015: 10- 24).

Along with the development of the times, the thinking of parents at this time also has experienced a difference that is quite distant with the thoughts of parents in earlier times. Then access in getting gadgets like tablets that exist in the current era of globalization, making the modern parents no longer need to buy a variety of toys for their children. Simply buy one tablet, which at this time the price is more affordable by the wider community.

All sorts of games can be obtained easily when compared to the past full of traditional games. This situation makes children more pampered with all the sophistication of the gadget, where a single click can access a wide range of games and information that is current actual. Thus, the socialization of the child can be said to be less or not optimal with his peers and also lack of physical activity good for the mental and physical development of the child. When compared like two sides of a coin, this gadget has a positive impact as well as a negative impact on the child's development. Positive impact of the use of information and technology media is among others to facilitate a child in sharpening creativity and intelligence of children.

The existence of a variety of digital applications such as coloring, learning to read, and writing letters of course give positive impact like a child's brain development. They do not need more time and energy to learn to read and write in books or papers, just use the tablet as a learning tool that is more fun.

#### **Mother's Role in Counselling and Counselling in Children in the Digital Age**

Counselling and counselling have a very close relationship with the efforts of Islam in establishing the existence of human as God's khalifah on this earth. This is understandable given that the main purpose of a counselling and counselling process is the effort to direct human attitudes and endeavours to the proper axis. The illustration is that a train that runs on its tracks will surely reach its destination but when the train is out of its tracks, then the goal to be achieved is just like a perceived but unattainable mirage. This is illustrated by Arifin who states that guidance and counselling is a guide, guidance or assistance to others in need. (Arifin 1970: 19).

In line with this, Fenti Hikmawati illustrates the axiological dimensions of counselling and guidance by positioning counselling as manifests of guidance. In that case, he insists that counselling plays an important role in counselling so that counselling is often referred to as the heart of counselling is the heart of guidance, counselling is the core of guidance, counselling is the counselling centre of guidance). (Fenti Hikmawati, 2012: 2).

What is described by Fenti Hikmawati shows that guidance and counselling are two sides of a synthesis that reinforce each other in the process of human empowerment of all the problems it faces. In its empirical reality, the type of ability of each in finding alternative solutions to the various problems it faces is very varied and very possible to be different from others. There are types that can find their own solutions, there is really dependent with the help of humans in the vicinity, and there is also a combination of both. In the context of the second and third types, guidance and counselling play a strategic role in accommodating a person's problems and then help to find an alternative solution. This process is the least able to describe how the human type interacts with the surrounding social environment in searching for alternative solutions to the various problems faced in life.

According to Fasya, there are several efforts that can be done to realize character education for children in families, especially mothers, namely:

- 1) Familiarize the five mandatory prayers in congregation with the whole family;
- 2) Parents always remind their children of their obligation to perform the prayer;
- 3) After sunset it is advisable to take time for children to provide religious knowledge that is easily understood by children and reading al-qur'an;
- 4) Parents should always behave well and provide understanding morally to their children;
- 5) Parents should always get used to praying in every activity; and,
- 6) Parents should always provide guidance and supervision patiently and lovingly.

While Endah (2011) also said that to form children with good character, guidance and counselling needs to be done in some ways as follows:

- a) Introducing children to God from an early age through the practice of worship,
- b) Distancing bad words before children,
- c) Familiarize children to do and tell the truth,
- d) Give examples in maintaining trust,
- e) Familiarize children for criticism and reprimand,
- f) Get used to doing justice,
- g) Children, and
- h) Invites children to seek knowledge anywhere and anytime.

From some opinions above it can be understood that education is the solution to make children good character, if education as above practiced every day then the opportunity to become a good personality is very big in life. Because the wrong parenting manager is often one of the causes of failed education in the family. Therefore, the character formation of children can not be done instantly, but it takes a very long time starting from the prenatal period. As Baihaqi (2000) points out, children's education can begin as a child in the womb, especially after the baby in the womb begins to move or is breathed by God. And needed an approach, both cultural approach and Islamic approach.

The position of the mother in Islamic view is very noble and the mother is very instrumental in shaping the character of the child. Therefore, the role of mother in managing the parenting pattern is very important because it can influence and shape the personality or character of the child. The character of the child is of course dependent on the pattern of mother's care for the child from an early age.

However, the pattern of parenting in children is also needed the help of the father although it has different parenting patterns of a mother but such things do not make it difficult in parenting, but becomes a thing to complement each of the deficiencies in child care becomes more flexible and effective.

But the mother who has an important role and main in manager child care for the formation of children's character. Therefore, the role of Mother is very important in giving attention and love saying, also very necessary in maintaining relationship between mother and child in a child development. Because the mother is the first and main educator then must pay attention to the principles in Islamic education, that is piety, polite, sincere, responsibility, and have insight in Islamic education in order to form the character of children.

Education is like the work of a farmer who weeds thorns and grass so that the plants can grow and develop well. So behind the good and evil done by a child all that did not escape the role of mother who educates and cares. Mothers who are said to succeed when in educating and

nurturing the child, managed to provide a good example in providing a good character education to the child. So that can give birth to the next generation of good character also, which can be proud in society especially in God's eyes.

## CONCLUSION

From the description can be drawn conclusion as follows: A mother acts as first and principal educator. Whatever his profession he remains a mother whose primary duty is to educate his children. For example Khadijah the Prophet's wife is a successful businessman but still she is a mother who accompanies her husband and educates her children well. To form a child of good character in the Digital Age, several things should be done as follows:

- a) introducing a child to God from an early age through worship practice,
- b) keeping the words off from the child,
- c) do and say the truth,
- d) give examples in maintaining the trust,
- e) familiarize the child to receive criticism and reprimand,
- f) make sense of the child to do justice,
- g) take time to be with the child,
- h) invite the child to seek knowledge anywhere and anytime.

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